

Royal College of
Occupational
Therapists



Specialist Section
Independent
Practice

THE BUSINESS OF INDEPENDENT OCCUPATIONAL THERAPY

RCOTSS-IP ANNUAL CONFERENCE
30 SEPTEMBER & 1 OCTOBER 2019
VENUE: THE ROYAL COLLEGE OF OCCUPATIONAL
THERAPISTS, LONDON SE1 1LB

rcotssip2019.eventbrite.co.uk

ENHANCE
YOUR CPD

TWO DAY
PROGRAMME
OF EVENTS

DISCOUNTED
EARLY BIRD
RATES



A TWO DAY PROGRAMME OF EVENTS

CONFERENCE OVERVIEW

MEDICO-LEGAL CONFERENCE
LOOK BEFORE YOU LEAP TRAINING COURSE
ANNUAL CONFERENCE: THE BUSINESS OF INDEPENDENT OCCUPATIONAL THERAPY
NETWORKING AND EXHIBITION - OVER BOTH DAYS

DAY ONE

MEDICO-LEGAL CONFERENCE

This conference is suitable for those occupational therapists who are experienced in expert witness work as well as those new to the field or those considering it in the future. The day will focus on two key areas: giving oral evidence in court and what we can learn from recent reported cases.

LOOK BEFORE YOU LEAP - TRAINING COURSE

Alongside our conference, we are offering a discount to our established course for occupational therapists who are considering or are new to Independent Practice. **Awele Odeh** is the trainer. She is Director at the Work Stress Buster and Independent Occupational Therapist.

**WINE RECEPTION @ RCOT FOLLOWED BY
RCOTSS-IP ANNUAL REVIEW MEETING
EVENING MEAL @ THE HEELTAP WINE BAR**

DAY TWO

ANNUAL CONFERENCE

The Business of Independent Occupational Therapy

A business focused programme to inform, inspire and motivate you in your practice and in your business.

DAYS ONE & TWO

NETWORKING & EXHIBITION

This year we have invited some of our partner organisations that offer member benefits so you can find out about what business support they can provide.

DAY ONE

**MEDICO
LEGAL
CONFERENCE**

Occupational Therapists are highly visible in Medico-Legal work. For our relatively small number, we punch above our weight in terms of expert witness work undertaken. Although attendance at court is limited to a small percentage of cases, the impact of our evidence on a claim can be significant.

We will cover two key areas: how to be effective when you are required to give oral evidence in court and what we can learn from recent cases.

Whilst this event is geared towards experienced expert witnesses, occupational therapists who may be considering this field would get an excellent insight into, arguably, the trickiest aspect of medico-legal work.

Benefits of Attending

- Hear from barristers, solicitors and experienced experts and debate best practice.
- Through a mock courtroom set-up and cross examination, advance your skills in giving oral evidence in court and awareness of pitfalls to avoid.
- An in-depth look at recent judgments and learn about emerging trends.

Please note that the Courtroom Skills session will be filmed for purposes of future training and webinars. If a delegate does not want to be filmed as part of the audience please let the reception desk staff know.

DAY ONE

MEDICO LEGAL CONFERENCE PROGRAMME

09:00 Registration and Refreshments

10:00 Medico-Legal Conference

Introduced and chaired by Hilary Wetherell, Partner, Irwin Mitchell LLP, and presented with Barristers Karl Hirst and Alex Mellis from No5 Barristers Chambers.



Following an overview of the courtroom process, there will be a mock courtroom set-up with our two barristers cross-examining an occupational therapy expert witness.

Following a break, delegates will hear about the courtroom skills needed for effective oral evidence.

The morning will conclude with a panel discussion and the opportunity for open debate.

This will be a superb opportunity to find out what barristers are really asking in their cross-examination and how you manage challenging situations when giving evidence.

13:00 Lunch, Networking, Exhibition

14:00 Medico-Legal Forum Update

Members of the Medico-Legal Forum will discuss proposals for the future group.

14:20 Case Law Update, Judgements and Emerging Trends

Starting with a case law update, we will then look at a number of recent judgements that are of particular relevance to occupational therapy expert witnesses with regard to costs and how judges have viewed the experts clinical reasoning.

This will be an interactive session discussing, dissecting and debating the key points.

The afternoon will conclude with a review of the emerging trends in personal injury and clinical negligence claims and the impact for your practice.

16:00 Wrap Up and Close

FOLLOWED BY:

16:45 Wine Reception @RCOT

17:15 RCOTSS-IP Annual Review Meeting

19:30 to Late HeelTap Wine Bar for Evening Meal

DAY ONE

LOOK BEFORE YOU LEAP TRAINING COURSE

OVERVIEW

This one-day TRAINING COURSE is endorsed by the Royal College of Occupational Therapists. It is aimed at occupational therapists who are either contemplating the 'leap' or who have already ventured into independent practice and need to ensure that they understand the essentials of business start-up.

Outcomes and Benefits of Attending

- Discover the personal and business skills required for confident business start-up.
- Find out about the factors that impact on achieving a healthy cash flow.
- Identify the practical requirements for managing finances.
- Summarise the legal requirements for business start-up.
- Recognise the value of developing good customer relations.
- Help decide if independent practice is for you (yet).

DAY ONE

LOOK BEFORE YOU LEAP TRAINING COURSE

PROGRAMME

"I really enjoyed hearing about the independent practitioners' journeys. I feel that this course gave me a good concept of what independent practice involves."

2018 Delegate

- 09:00 Registration, Exhibition, Networking
 - 09:30 **Welcome and Introduction**
Awele Odeh, Trainer, Independent Occupational Therapist, Director, The Work Stress Buster.
 - 10:05 **The Rewards and Challenges of Independent Practice**
 - 10:45 **Business Planning**
 - 11:10 **Refreshments, Exhibition, Networking**
 - 11:30 **Creating a Healthy Cash Flow**
 - 12:15 **Promoting Your Business**
 - 12:30 **Lunch, Exhibition, Networking**
 - 13:30 **Putting the Practicalities in Place**
 - 15:00 **Refreshments, Exhibition, Networking**
 - 15:30 **Personal Experience of Occupational Therapists in Business**
Short presentations from a number of occupational therapists who have already made the LEAP into independent practice.
 - 16:15 **Reflection, Sum Up and Evaluation**
 - 16:30 **Close**
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- FOLLOWED BY:**
- 16:45 Wine Reception @RCOT
 - 17:15 RCOTSS-IP Annual Review Meeting
 - 19:30 to Late HeelTap Wine Bar for Evening Meal

DAY TWO

THE BUSINESS OF INDEPENDENT OCCUPATIONAL THERAPY

OVERVIEW

This CONFERENCE is essential to attend as the only conference designed *by* Independent Occupational Therapists *for* Independent Occupational Therapists.

The Business of Independent Occupational Therapy is our theme this year. The business side of our members' work is as crucial as providing an excellent clinical service to our clients. This conference will update your CPD and enable you to learn key business skills from other occupational therapists running successful businesses. You will find out what is available to support your practice, as well as meet some of our partner organisations to find out what business support they can provide.

We are delighted that the keynote speaker this year is **Thomas Kearney, Deputy Chief Allied Health Professions Officer, NHS England**. Thomas began his career in the NHS in 2000 and worked in acute medicine, neurology and acute Mental Health as an Occupational Therapist in England and internationally. Passionate about service improvement, Thomas moved into operational management and transformation in 2007. He will update our delegates on the direction of health and social care and how it may affect us as practitioners.

Miranda Thew, Senior Lecturer at Leeds Beckett University advocates for entrepreneurial occupational therapists to develop occupation focused services in new or 'emerging' settings. She will leave us considering how to maximise our scope of practice in the current market.

Benefits of Attending

- Reflect on the current national trends and challenges ahead for independent occupational therapists.
- Join in our 'café conversations' with like-minded colleagues in the independent sector who are happy to share their experiences with delegates.
- Hear about how others have coped with challenges and overcome them.
- Be motivated and inspired to embrace challenges and achieve the best outcomes for you and your clients.
- Find out from some of our partners what support they could provide to your business.
- Meet up with the National Executive Committee and our Regional Contacts.
- Network with your peers and develop your support network.

DAY TWO

THE BUSINESS OF INDEPENDENT OCCUPATIONAL THERAPY

PROGRAMME

"I developed some great contacts at the conference and hope to feel less isolated now. I enjoyed finding out more about becoming solution focused."

2018 Delegate

- 09:00** Registration, Refreshments & Exhibition
- 10:00** Welcome & Programme:
Penny West, RCOTSS-IP, Chair
& Dora Weston, RCOTSS-IP, Vice Chair
- 10:10** The NHS Long Term Plan
– Implications for Occupational Therapists
Thomas Kearney, Deputy Chief Allied Health
Professions Officer, NHS England
- 10:40** Café Conversations Session 1:
Hosted by NEC Members
- Running an Occupational Therapy Business Virtually
Jo Southall, JB Occupational Therapy
- Starting Up a Successful Occupational Therapy
Business Stuart Barrow, Director, Promoting
Independent Ltd.
- Research Priorities for Independent Occupational
Therapy Sarah Johnson, Learning and Research
Lead, RCOTSS-IP
- The Challenges and Rewards of Running
a Case Management Business
Rhiannon Stokes, Clinical Director,
Stokes Case Management
- 11:40** Refreshments, Networking & Exhibition
- 12:00** Café Conversations Session 2:
Hosted by NEC Members (Repeated)
- 13:00** Lunch: Networking, Exhibition & Library
- 13:50** Welcome Back
Quick update on RCOTSS-IP
by the Chair/Vice Chair.
- 14:00** Emerging Markets for Occupational Therapists
Kate Sheehan, Independent Occupational
Therapist & Director, The OT Service
- 14:30** The Professional Use of Social Media for
Continued Professional Development
Helen Rushton, Director, OTUK Occupational
Therapy & Professional Development
- 15:00** Refreshments, Networking, Exhibition
- 15:20** Maximising Our Scope of Practice as
Independent Practitioners in the Current Market
Miranda Thew, Senior Lecturer, School of Clinical
and Applied Sciences, Leeds Beckett University
- 15:50** Questions and Panel Discussion
Facilitated by Hannah Long, Training Lead
(Business Development), RCOTSS-IP
- 16:30** Conference Wrap Up and Close



BALENS **balens.co.uk**

Balens are leading brokers in the complex and demanding Health, Wellbeing, Fitness and Beauty sectors. Founded in 1950, Balens are an ethical 4th Generation Family Brokerage with over 50 staff and 80,000 + client's. We have been the main recommended insurance broker for privately practicing Occupational Therapists for many years now. Our cover has been designed to encompass all of the very wide range of activities and abilities of independent occupational therapists.

2019 RCOTSS-IP Conference Offer

Balens will be on hand throughout the event to offer one-to-one insurance information and support to any Independent Occupational Therapists who may need it. Attendees will be able to book a one-to-one appointment with Balens Chairman, David Balen, to discuss personal insurance cover, needs and advice.

Sarah Dyer
OT@balens.co.uk
T: 01684 581 878



CPDme **cpdme.com**

CPDme is a UK based organisation focused on supporting professionals in creating, maintaining and developing a high quality Continuing Professional Development (CPD) Portfolio aligned to industry standards, including the HCPC. CPDme are dedicated to making recording CPD simple for you as an Occupational Therapist. CPDme aim to help all members improve their knowledge and practice by providing them with a user friendly, easy to access and convenient service where they can document their CPD activities and store their evidence in a secure online location.

2019 RCOTSS-IP Conference Offer

CPDme will continue to offer RCOTSS-IP members a special discounted price of £9.99 per year (a saving of over 37% off the normal membership price). In addition, we will issue you with an electronic certificate for attending the conference, which will automatically populate your CPD portfolio for you. Our expert team will be available throughout the conference to guide and support you in capturing your CPD and building your Portfolio to become audit ready.

Domini Lawson
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MEMBER BENEFITS

MEMBER BENEFITS



OT4INDEPENDENCE ot4independence.co.uk

OT4Independence Ltd provide Independent Moving and Handling Training and Occupational Therapy services. As Director, Kay James has extensive skills, knowledge and experience working with adults and children who have complex disability needs. Her main areas of expertise include moving and handling people, prescribing assistive equipment and recommending housing adaptations to improve independence and quality of life. OT4Independence provides creative, memorable training which facilitates a positive change in the way that adults and children are moved and handled.

2019 RCOTSS-IP Conference Offer

OT4Independence are offering a 10% reduction to course prices. Normal fee's are £110 per person but will be reduced to £99 for bookings taken during the RCOTSS-IP 2019 conference.

Kay James
kayjames@ot4independence.co.uk
T: 01622 729244



VIRTUAL ADMINISTRATION virtual-administration.com

Virtual Administration specialises in supporting Independent Occupational Therapists and OT Expert Witnesses with their day to day administration. The kind of services we offer include invoicing, formatting and proof-reading reports, maintaining patient record management systems, generating costings for long term rehabilitation, researching and placing orders for equipment, preparing contracts and terms and conditions, help with marketing activities and supporting growing teams of associate therapists.

2019 RCOTSS-IP Conference Offer

We will have an exclusive special offer for the RCOTSS-IP Conference to access our Virtual PA services. The first 3 months charged at £20.00 plus VAT per hour. Following this, the price will increase to £26.00 per hour plus VAT. Please visit us at the RCOTSS-IP conference for more details and to take up the offer.

Tracey Clarke
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T: 01636 904951
Twitter: @VirtualTracey

BOOKING DETAILS, VENUE & LOCATION

Royal College of
Occupational
Therapists



VENUE

This year we are holding our conference at the Royal College of Occupational Therapists, 106-114 Borough High St, London SE1 1LB. It is just ten minutes walk from either Borough tube or London Bridge stations.

ACCOMMODATION

The delegate rates below do not include overnight accommodation. Delegates are responsible for making their own accommodation bookings. The Premier Inn in Borough High Street currently has rooms at the rate of £75.00 including breakfast and VAT, but prices vary so we recommend you book as soon as possible.

CONFERENCE BOOKING

We are pleased to again offer a reduction in the Early Bird delegate rates for 2019 to enable more members and non members to access quality training and continuing professional development (CPD). We again have a number of places at the student conference rate.

NOTE: Early Bird booking expires on 31 July 2019.

BOOKING & ENQUIRIES

Pay directly with a debit or credit card please book your place via Eventbrite, visit: rcotssip2019.eventbrite.co.uk

If you have any enquiries please contact Events Northern, our conference administrators on helen@eventsnorthern.co.uk or call 01772 336 639.

BOOKING DETAILS, VENUE & LOCATION

PLEASE NOTE: our Early Bird delegate rate expires on 31 July 2019

MEDICO-LEGAL	DAY 1 ONLY Medico-Legal	DAY 2 ONLY Main Conference	BOTH DAYS Medico-Legal & Main Conference
RCOTSS-IP Member Early Bird	£90	£90	£160
Non-Member Early Bird	£140	£140	£260
RCOTSS-IP Member Regular	£100	£100	£180
Non-Member Regular	£150	£150	£280
Full Time OT Student	£50	£50	£80
Heeltap Wine Bar Meal	£10		

LBYL	DAY 1 ONLY LB4UL	DAY 2 ONLY Main Conference	BOTH DAYS LB4UL & Main Conference
RCOTSS-IP Member Early Bird	£115	£90	£200
Non-Member Early Bird	£175	£140	£300
RCOTSS-IP Member Regular	£175	£100	£270
Non-Member Regular	£215	£150	£350

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Registration Cancellation Policy

Notification of cancellation must be sent in writing to helen@eventsnorthern.co.uk

Cancellations received up to 12 August 2019 - Full Refund

Cancellations received between 13 August and 13 September 2019 - 50% refund

Cancellations after 14 September 2019 - No refund will be made but substitutions will be accepted in writing at any time.

Any refunds will be made after the Conference and are subject to a £30.00 handling fee.

