



**Joint Specialist Sections Study Day:  
Housing London and South East Region and Independent Practice**

***Showers or Baths?  
Clinical and Technical Issues and Solutions***

**Wednesday 20<sup>th</sup> February 2019**

**10am to 4.00pm**

at

Royal College of Occupational Therapists  
106-114 Borough High St, London SE1 1LB

**AGENDA**

**Learning outcomes**

- Factors to consider when making recommendations for bathroom adaptations.
- Understand feasibility and technical issues for home adaptations and new build installations.
- Finding solutions to tricky adaptations.
- Consider the circumstances when an occupational therapist is needed to assess for bathroom adaptations.
- Opportunity for networking between with Housing and Independent Practice.

**10:00** Registration /Refreshments

**10:30-10:45** Introduction - Penny West Chair RCOTSS-Independent Practice  
Frances Gale, Marney Walker London & South East Regional Reps, RCOTSS-Housing

**10:45 – 11:00 Knowledge Share and Expectations for the day (All)**

**11:00 – 12:00 Bathroom Adaptations: Factors to consider**

- Clinical Reasoning: Factors to consider: Frances Gale
- Baths – pros and cons: Kate Sheehan
- Simple v Complex – making best use of OT expertise : Marney Walker

**12:00–12:30 Finding solutions - Problem solving session (All)**

**12:30–13:30 Lunch/Networking** *Hot drinks are available free of charge. Lunch is **not** provided . Please bring your own (or there are many shops/take away sandwich bars nearby.)*

**13:30–14:30 Shower Installations Technical Considerations & Solutions** Technical Team Impey Showers

- Enclosures pros and cons
- Wet floor v Trays - Drainage and gradients
- Space and layout – feasibility and restrictions
- New Build v Adaptations

**14:30–15:30 Problem-solving technical v clinical issues (All in groups)**

**3:30 pm Summing up (Penny West )**